

Youth Mental Health First Aid Training



MONDAY | APRIL 10, 2017

8:30 a.m. – 4:30 p.m. (8:00 a.m. Registration)

NORWOOD POLICE DEPARTMENT

137 Nahatan Street, Norwood, MA

District Attorney Michael Morrissey is pleased to offer Youth Mental Health First Aid training for Middle School teachers in Norfolk County. The training introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations.

Topics covered include signs of anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders. This training provides opportunities to practice through role plays, scenarios, and activities making it easier to apply these skills in real-life situations. YMHFA trainings are limited to 30 participants.

> **Registration is on a first-come-first-served basis**

> **Please RSVP to Denise Carbone, 781-830-4921 or denise.carbone@massmail.state.ma.us**

> **Working Lunch Provided**

> **Parking available at Shaw's parking lot across the street**



**AMERICAN FOUNDATION FOR
Suicide Prevention**

www.afsp.org

MICHAEL W. MORRISSEY
NORFOLK DISTRICT ATTORNEY

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